Medical Acupuncture: A Western Scientific Approach

Medical Acupuncture: Jacqueline Filiash 2016-03-10 Comprehensively revised and expanded with vital new content, the second edition of this book continues to explore the realistic integration of acupuncture into conventional medicine. Advocating the Western medical acupuncture approach (WMA), this science-based compendium provides the trained practitioner with all the latest research on the effectiveness of WMA and its associated mechanisms, clinical practice and evidence. Medical Acupuncture demonstrates a variety of needling techniques and clinical applications within the context of acupuncture and its evolution from traditional Chinese medical practice and its current use in Western complementary and integrative medicine. Featuring two new chapters - a comparative historical account of medicine and acupuncture illustrating the westward spread of acupuncture into contemporary medicine and an influential compendium of stimulations and evidence from neuroimaging - 3 and 4 cover clinical approaches (e.g., electroacupuncture, safety of acupuncture) and techniques related to acupuncture (TENS, laser therapy). Section 5 takes a closer look at the difficulties faced by trials and reviews while Section 6 goes on to showcase 21 clinical uses of WMA, ranging from chronic pain, palliative care, drug dependence, obesity, sports medicine, dentistry and veterinary practice. Updated with the latest scientific evidence. Expanded information on neuroanatomical and neurophysiological considerations in relation to the mechanisms of acupuncture. Medical Acupuncture - stands alone as the foundation for the beginnings of a true science of qi. There is truly nothing like it in contemporary literature.

An Introduction to Western Medical Acupuncture - Adrian White 2018-04-18 In the second edition of this book, Western medical acupuncture is provided as a broad evidence-based approach to acupuncture when used as part of modern medicine. Illustrated throughout it gives the practitioner an easy guide on how to choose and to treat conditions with acupuncture, and how to avoid known risks associated with it. Ultimately it provides the practitioner with a tool to develop safe and effective practice. For this edition the text has been revised, updated and extensively re-written. It has also been extensively updated by two new chapters providing detailed explanations of the effects and mechanisms of acupuncture, arranged according to three recognised treatment approaches - needling to produce local changes, to generate effects at the level of the spinal segment, and to modify the overall function of the nervous system. The chapters on the evidence from research have also been updated. The explanation of various mechanisms of acupuncture linked to how they can best be activated by needling, the choice of treatment technology rather than any ‘cookbook’ approach. Clear and objective discussion of the evidence for the effectiveness and the risks of acupuncture. Thorough and detailed description of all aspects of clinical practice. Reference section for quickly reminding the practitioner of the best approach to treating many problems.

The Spark in the Machine - Daniel Keown 2014-02-09 Why can salamanders grow new legs, and young children grow new finger tips? What is the electricity that flows through the human body? Is it the same thing that the Chinese call Qi? If so, what does Chinese medicine know, that western medicine doesn’t? Daniel Keown’s highly accessible, witty, and original book shows how western medicine validates the theories of Chinese medicine, and how Chinese medicine explains the mysteries of the body that western medicine largely ignores. He explains the generative force of embryology, how the hearts of two people in love (or in scientific terms ‘quantum entanglement’) truly beat as one, how a cheating heart is also an ill heart (which is why men are twice as likely to die of a sudden heart attack with their mistress than with their wife), how neural crest cells determine our lifespan, and why Proust’s madeleines evoked the memories they did. The book shows how the theories of western and Chinese medicine support each other, and how the integrated theory enlarges our understanding of how bodies work on every level. Full of good stories and surprising details, Dan Keown’s book is essential reading for anyone who has ever wanted to know how the body really works.

Clinical Introduction to Medical Acupuncture - Steven K.H. Aung 2011-01-01 This introductory text presents a systematized and in-depth clinical approach to medical acupuncture. Covering basic concepts in anatomy, physiology, and pathology, Clinical Introduction to Medical Acupuncture will give practitioners the confidence to apply acupuncture and ancillary techniques, such as needling, moxibustion, cupping and electroacupuncture, to treat a wide range of acute and chronic diseases and conditions. Features: Succinct descriptions of theory and points tips on using anatomical landmarks to ensure precise point localization Clinical pearls on how to apply techniques for common conditions Clear illustrations and comprehensive tables that synthesize key information on indications, acupuncture points, and treatment plans, ideal for quick review and reference Short self-study quizzes for each topic and a comprehensive final exam that help the practitioner identify areas requiring additional study Discussion of the importance of self-care and cultivation, Qi Goog, and other techniques to enhance healing This book will benefit not only acupuncturists and complementary medicine practitioners, but also Western medical practitioners in family medicine, physical and rehabilitation medicine, pain medicine, neurology, oncology, rheumatology, gynecology, dentistry and other specialties. Practitioners studying for certification and licensing exams in medical acupuncture will also find this book an indispensable tool.

Acupuncture - George T. Lewith 1998 Acupuncture, once regarded with scepticism in the West, has gained acceptance in recent years. In this book, George Lewith (a qualified doctor) presents an introduction to the subject of acupuncture.

E-Book Energy Medicine East and West - David F. Mayor 2011-05-31 Energy Medicine East and West: A Natural History of Qi provides a unique, comprehensive overview of Qi or bioenergy for students and practitioners of energy medicine, Chinese and Oriental Medicine, and all disciplines of Complementary and Integrative Medicine. Mayor and Micozzi start with a comparative historical account of the ancient concepts of Qi and vital energy before covering theories of Qi, a discussion of the organized therapeutic modalities based upon Qi and its applications to specific health and medical conditions. Contributions are included from international experts in the field. The book moves from anatomical and bioenergetic complementarity of Western vital energy and Eastern Qi, through convergence of perspectives and models to demonstrations of how the traditional theories of Qi can be understood and explained within a new, original and creative system. David Mayor and Marc Micozzi are experienced medical practitioners, authors and editors. David Mayor has been actively involved in bioenergy research, practice and publishing for over 30 years, and is author/editor of Electroacupuncture: A practical manual and resource (2007), as well as other acupuncture texts and studies. Marc Micozzi is Professor in the Department of Physiology and Biophysics at Georgetown University School of Medicine, Washington, DC. As author/editor of Fundamentals of Complementary & Alternative Medicine, 4E (2011), and 25 other books, he has been writing, editing and teaching on bioenergy, Qi and related topics for 20 years. Endorsements: "This wonderful book has assembled some 25 authors expressing well a view of qi which entirely does justice to its nature. Metically referenced, it is a milestone to set beside Maciocia Foundations of Chinese Medicine and Deadman's Manual of Acupuncture. Here at last are the beginnings of a true science of qi...There is truly nothing like it in contemporary literature. Alone, it lays the foundation for the beginnings of a modern science of qi..."David Bertsinger, Acupuncturist and translator, Somerset, UK. "This book offers a timely and thorough examination of the experience and nature of qi, including a series of fascinating philosophical discussions with a direct application to our patients. Required reading for acupuncture practitioners seeking to justify and clarify their clinical reasoning."Val Hopwood PhD FCPs, Physiotherapist, acupuncturist, researcher and educator; Course director, MSc Acupuncture, Coventry University, UK.

Essentials of Western Veterinary Acupuncture - Samantha Lindsey 2008-04-15 The field of pain research is rapidly expanding in both human and veterinary medicine, and has helped increase our understanding of acupuncture. However, many are still highly sceptical about the use of acupuncture and prefer to use it for far too long in very rapid veterinary practice. This book seeks to challenge common misgivings by showing how veterinary acupuncture works (for small and large animals), and why we should be established as an orthodox form of treatment. Written from a Western approach, rather than a traditional Chinese Medicine approach, it explains the background and history of acupuncture and includes information on safety aspects, understanding pain and how acupuncture can help, practical aspects such as types of needles and methods of restraint, and related techniques. Not intended as a techniques manual, this book is a preparatory text for those considering taking an acupuncture course and those wishing to gain a solid understanding of the subject.

Contemporary Medical Acupuncture - Guan Yuan Jin 2010-12-01 This book aims to connect and integrate classical acupuncture therapy and contemporary medicine. Based on updated reviews and systematic analyses, the meridians are actually systems of physiological and pathological mechanisms in the body, and acupuncture therapy is a type of reflexotherapy. The systems methodology, together with the authors’ clinical expertise of 40 years, is applied to raise the reproducibility of effectiveness in treating various indications of acupuncture, especially intractable cases. Inclusive and concrete theory and technique descriptions, a novel systems approach, and many case studies are included.
Acupuncture in Nervological Conditions E-Book - Val Hopwood 2010-07-23 Written by two leading experts in the field, Acupuncture in Nervological Conditions aims to improve patient care by combining Western and Traditional Chinese Medicine (TCM) concepts of treatment. The language of TCM is uniquely combined with that of evidence-based clinical reasoning to provide an approach relevant to both acupuncture and physiotherapy clinical practice. All major types of neurological conditions encountered in clinical practice are discussed. Chinese medical patterns relevant to the application of acupuncture are described, as well as key patterns of dysfunction based on a Western medical perspective. The place of acupuncture within the overall management of different neurological conditions is also discussed. Clinical reasoning options from both TCM and Western medical perspectives are provided, and illustrated by real cases from clinical practice forming a sound platform for true integrated medicine. Fully evidence-based Provides clinical reasoning options from TCM and Western medical perspectives, and illustrates meaningful reasoning with real cases from clinical practice. Provides detailed examination of all major types of neurological conditions encountered in clinical practice.

Acupuncture for Dogs and Cats - Christina Materin 2011-12-14 Skillfully integrating traditional concepts of Chinese medicine with clinical experience and modern scientific research, Acupuncture for Dogs and Cats brings together all current information in one convenient book. Its atlas-style format, highlighted by hundreds of full-color photographs and supporting text, makes it ideal as a quick, user-friendly reference in the clinic or training program. Special Features: An easy-to-use, double-page spread designed for fast retrieval of information—on the left, concise text describes the effects, indications, localisation, technique, and depth of insertion for each acupuncture point; on the right, high-quality photographs demonstrate all concepts. Bones and muscles have been precisely drawn into each photograph, a valuable tool for localisation of points. A comprehensive discussion of all acupuncture points in all channels ensures that you have full mastery of the field. A complete introduction to the principles of traditional Chinese medicine (TCM), channel systems, TCM diagnostics, point selection, and point categories (such as Ying or Luo points) provide a solid foundation for understanding acupuncture for both animals, this handy, pocket-size atlas is unique in the field. It offers a wealth of practical knowledge and a pictorial reference for veterinarians, animal acupuncturists, students, and teachers whose goal is to provide the highest level of treatment to the animals in their care.

Acupuncture Energetics - Joseph M. Helms 1995 This book offers pragmatic and clinically useful information for physicians seeking to integrate acupuncture into their medical practices. Beginning with the history and science of acupuncture. It is a guide through anatomy, physiology, pathology, examination and diagnosis, point location, and basic and advanced treatments. It includes proven techniques for treating musculoskeletal pain, migraines, gastrointestinal conditions, and substance abuse. The text also contains high quality photographs and illustrations for clear localization of channels and points. It is an ideal learning tool for practitioners looking to expand their practice or find a more versatile acupuncture approach.

Medical Acupuncture in Pregnancy - Ansgar Thomas Roemer 2011-01-01 More and more health care professionals in obstetrics and gynecology are turning to complementary medicine to enhance their patients' comfort and wellness. With an emphasis on medical acupuncture, this book offers busy practitioners an accessible guide to the myriad ways in which these time-tested methods can both enhance and ease a pregnant woman's experience—before, during, and after delivery. Medical Acupuncture in Pregnancy begins with a concise, yet thorough review of basic TCM principles and proceeds to cover treatments for hyperemesis, preterm labor, preeclampsia, dysfunctional labor, postpartum depression, dysmenorrhea, migraine, infections and more! Whether as an introduction to the topic or as a handy clinical reference, this text is essential for obstetricians, gynecologists, midwives, acupuncturists, and nurses who want to optimize patient care options with Chinese medicine. Special features: High-quality illustrations showing the precise location of acupuncture points. Detailed descriptions and diagrams of needling depth and direction. Treatment rules and therapeutic guidelines. Easy-to-access format for quick reference in a clinical setting. A practice-oriented introduction to Qi gong. Supplemental information on Chinese diets.

Acupuncture - Felix Mans 1978


Neuropuncture - Michael Corradino 2017-06-21 Neuropuncture is the clinical manual of a groundbreaking acupuncture system that incorporates neuroscience into its clinical applications for pain management, orthopaedic conditions and internal medicine. It shows acupuncturists how to apply research into the neurophysiological mechanisms of acupuncture and electrical acupuncture to the traditional TCM model for healthcare. The book explains how acupuncture works using Western medical science and illustrates how to apply this knowledge to clinical cases with electrical acupuncture, creating evidence-based acupuncture protocols. These protocols are clinically proven and result in reproducible clinical outcomes.

Basics of Acupuncture - Gabriel Stux 2013-11-11 In 1987, our first book Acupuncture: Textbook and Atlas received rave reviews (e.g., in New England Journal of Medicine). This prompted us to write this smaller, affordable version in order to reach a wider audience. The smaller format has been so successful that we are now in our fourth revised edition. This has given us the opportunity to update and improve the book. For example, nu merous new references to scientific advances have been added. Also the section on traditional Chinese medicine (TCM) was added because it gives a more complete picture of the current practice of acupuncture. Acupuncture has come a long way since our first book in 1987. There has been a surge of interest in treating drug addiction with ear acupuncture in 450 centers worldwide. The treatment of nausea has been so successful that we are now into our fourth revised edition. This has given us the opportunity to update and improve the book. For example, numerous new references to scientific advances have been added. Also the section on traditional Chinese medicine (TCM) was added because it gives a more complete picture of the current practice of acupuncture. Acupuncture has come a long way since our first book in 1987. There has been a surge of interest in treating drug addiction with ear acupuncture in 450 centers worldwide. The treatment of nausea and vomiting has been so well tested (scientifically) that the FDA (USA) is considering making this the major indication for TCM. The treatment of neurological and pulmonary diseases is also gaining credibility. No longer is chronic pain the only scientifically acceptable use for acupuncture (based on the endorphin mechanism).

Interactive Medical Acupuncture Anatomy - Narda G. Robinson 2016-02-22 This presentation uses anatomically precise, computer-generated reconstructed images of the human body for three-dimensional presentation of acupuncture points and channels. The CD component is fully interactive and allows the user to see through tissue layers, remove tissue layers, and rotate structures so that specific acupuncture points can be viewed in three dimensions.

The Biology of Acupuncture - George Andrew Ulett 2002. Acupuncture, with its 3500-year-old history, is one of the most widely used methods of alternative medicine. Despite great advances in scientific knowledge, however, it still performs as a mystical ritual explained in pre-scientific terms of the flow of Qi (life force), TCM and mind-body connexion hypotheses. Acupuncture is a scientific and medically acceptable method of treating patients with pain, psychiatric problems and other clinical conditions. The book explains how acupuncture works using Western medical science and illustrates how to apply this knowledge to clinical cases with electrical acupuncture, creating evidence-based acupuncture protocols. These protocols are clinically proven and result in reproducible clinical outcomes.

Principles of Chinese Medical Andrology - Bob Damone 2008-01-01 This book introduces the foundations of Chinese medicine, beginning with a short history of andrology in Chinese medicine and progressing to discussions of anatomy of the male genitourinary system; the channels and network vessels; the viscera and bowels; disease causes and pathomechanisms; Chinese andrological diseases and general treatment principles. Book 2 covers specific andrological diseases including their definition; Western medical perspective; causes and pathomechanisms; disease and pattern discrimination; treatment principles; treatment with Chinese medicinals; and acupoint therapy; representative Chinese research abstracts, and case studies. The CD component is fully interactive and allows the user to see through tissue layers, remove tissue layers, and rotate structures so that specific acupuncture points can be viewed in three dimensions.

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Acupuncture in the Treatment of Depression
Rosa N. Scheyer 2001 This pioneering book unites both western and traditional Chinese medicine to present a step-by-step methodology for evaluating and treating depression with acupuncture. Using research-oriented trials, it addresses fundamental issues in acupuncture research and offers guidelines for the design of acupuncture treatment studies. Provides guidelines for developing appropriate treatment principles, and selecting and combining the correct acupuncture points. Offers clinical guidelines for treating people with depression, including dealing with acute symptoms, assessing the risk of suicide, and when to make a prompt referral. Presents case histories, both successfully and unsuccessfully treated. Reviews definitions of depression in western psychiatry and psychology, including epidemiology, etiology, differential diagnosis and conventional treatments. Describes the causes and progression of depressive symptoms from a Chinese perspective. Outlines each specific pattern of imbalance encountered in depression, how to differentiate signs and symptoms according to Traditional Chinese Medicine. Given a comprehensive overview of research issues in acupuncture, outlining advantages and disadvantages of different treatment study design. The design and result of the authors' pilot study, funded by the NIH, are given to illustrate a model for acupuncture treatment research.

Acupuncture - G. T. Lewith 1982

Acupuncture in Manual Therapy - Jennie Longbottom 2010 04 30 Acupuncture in Manual Therapy is a comprehensive overview of manual therapy interventions combined with acupuncture management of musculoskeletal disorders covering all major joints of the body. The book is intended to offer physiotherapists and students of acupuncture a clinical reasoning model, whilst supporting suggested interventions with the relevant evidence base in order to alleviate pain, restore function and facilitate rehabilitation within musculoskeletal management. It places an emphasis on the neurophysiological processes of pain management stressing the importance of using the correct intervention for the relevant presenting pain mechanism. Each chapter discusses suggested manual intervention, acupuncture evidence and physiological processes underpinning this combined approach to musculoskeletal pain and dysfunction including meridian acupuncture, auricular acupuncture, electroacupuncture, tens and trigger point acupuncture as a means of addressing the varying pain patterns presented within musculoskeletal rehabilitation. This book provides knowledge from distinctive and prominent contributors from the world of manual therapy and acupuncture whilst this expertise is further supported by the provision of student case studies to offer support and enhance learning.

The Book of Chinese Medicine, Volume 2 - Henry H. Sun 2000 11 17 This second volume offers numerous approaches to using Chinese medicine for the prevention and treatment of various diseases in medical practice. It brings the concepts and theories learned in the first volume and applies them in clinical settings with real patient examples. It goes over the four natures and five flavors of herbal drugs, and covers the different techniques of acupuncture. The book considers how the advancements in modern technology have shaped Traditional Chinese Medicine (TCM), and discusses the revolutionary innovations that are occurring in the Chinese medicine industry today and how they will shape the future.

A Prescription for Healthy Living - Emma Short 2021 01 05 A Prescription for Healthy Living: A Guide to Lifestyle Medicine takes an evidence-based approach to a variety of health promotion strategies for specific disease states. The book explains recommendations, covers why they exist, and gives advice on how to achieve recommendations from leading medical professionals. Sections apply scientific research to practice, addressing physical health, mental health and well-being. Topics include society and health, mental health and well-being, physical activity and exercise, nutrition, and physical health, as well as nutrition and healthy eating habits. This book will empower practitioners, public health officials, and those engaged in creating strategies for health promotion and health literacy. Written by qualified medical professionals from a variety of specialties Addresses a variety of health promotion topics and provides strategies for disease prevention and well-being Provides explanations of the outcomes of scientific research on disease prevention in a digestible and actionable way

Acupuncture in Practice - Hugh MacPherson (Ph. D.) 1997 Written by THE leading lights in the field of integrating acupuncture into a Western medical system, this book bridges the gap between the theoretical foundations of acupuncture and its application in a modern Western clinical context. Each case history focuses on the complexities and dilemmas of treatment that are tackled, providing valuable insights by experienced practitioners into the management of acupuncture treatment.

Practice of Acupuncture - Hans-Ulrich Hecker 2011 01 01 Combining the principles of Traditional Chinese Medicine (TCM) with Western medical acupuncture, this eagerly awaited new book and CD-ROM brings the entire field of acupuncture to a new professional standard. The authors, leading experts from diverse disciplines, systematically guide you through the channels, point locations and trigger points in the body, from head to toe. Each acupuncture point is shown in vivo and then explained in detail, using illustrations that show its exact anatomical location and characteristics. Plus - you will benefit from state-of-the-art information never published before, including: a universal point localization system based on anatomic principles; a comprehensive discussion of potential contraindications and side effects of acupuncture; and a focus on outcome-based models and scientific studies throughout. Ideal for those who practice Traditional Chinese Medicine as well as anyone studying for certification, this book covers all acupuncture point locations, as well as the fundamental concepts and methods of this ancient art. It is indispensable for practitioners who need the most complete, scientifically based, and reliable information available anywhere.

Clinical Acupuncture - Gabriel Stux 2011 06 28 Acupuncture is rapidly moving out of the arena of "alternative" medicine, in large part because it is grounded more firmly than other alternative treatments in research. This book provides readers with the up-to-date information on the clinical bases of acupuncture.

Biomedicine - Bruce H. Robinson 2007 "This beautifully designed two color book is filled with over 100 detailed illustrations to help the reader better understand the materials being presented. Red flag cases are included and clearly explained to help the practitioner decide when an immediate referral is necessary. This book covers many Western diseases you will encounter and is clearly written for practitioners of Chinese medicine. With this textbook you will learn the clinical presentation and treatment of the major diseases seen in Western medical practice today, and how to confidently interact with Western medical practitioners. " - Publisher.

Trigger Point Dry Needling: An Evidence and Clinical-Based Approach -I Jan Dommerholt 2013 This exciting new publication is the first authoritative resource on the market with an exclusive focus on Trigger Point (TrP) dry needling. It provides a detailed and up-to-date scientific perspective against which TrP dry needling can be best understood. The first section of the book covers important topics such as the current understanding and neurophysiology of the TrP phenomena, safety and hygiene, the effect of needling on fascia and connective tissue, and an account on professional issues surrounding TrP dry needling. The second section includes a detailed and well-illustrated review of deep dry needling techniques of the most common muscles throughout the body. The third section of the book describes several other needling approaches, such as superficial dry needling, dry needling from a Western Acupuncture perspective, intramuscular stimulation, and Fui’s subcutaneous needling. Trigger Point Dry Needling brings together authors who are internationally recognized specialists in the field of myofascial pain and dry needling. First book of its kind to include different needling approaches (in the context of evidence) for the management of neuromuscular pain conditions. Highlights both current scientific evidence and clinicians’ expertise and experience Multi-contributed by a team of top international experts Over 200 illustrations supporting the detailed description of needling techniques

WHO Standard Acupuncture Point Locations in the Western Pacific Region - 2008 06 05 Acupuncture has been practiced for more than 2500 years in the Western Pacific region and has become a global therapeutic method in recent decades. However, it was reported that acupuncturists differed by up to 25% in the acupuncture points they used, raising doubts and uncertainty regarding the efficacy and safety of acupuncture treatment, as well as causing difficulties in the fields of acupuncture research and education. Member States therefore increasingly began to demand standardization in acupuncture point locations. Responding to this request, the WHO Western Pacific Regional Office initiated a project to reach consensus on acupuncture point locations and thus convened 11 serial meetings resulting in these guidelines. This Standard acupuncture point locations in the Western Pacific Region stipulates the methodology for locating acupuncture points on the surface of the human body, as well as the locations of 361 acupuncture points. The Standard is applicable for teaching, research, clinical service, publication, and academic exchanges involving acupuncture.

Acupuncture: New text examining acupuncture from a scientific standpoint. Related titles in the growing Butterworth Heinemann list include: 'Complementary Medicine: an objective appraisal' and 'Homeopathy: a critical appraisal', both of which also originate from the Department of Complementary Medicine at the University of Exeter. This thought-provoking new book provides a critical evaluation of the discipline, reviewing known facts, defining current knowledge gaps and formulating several interesting challenges for the future. The book...
Orthopedic Electroacupuncture—Rick James Bernard 2020-03-15 Our growing database of knowledge regarding anatomy, orthopedics, and electroacupuncture has expanded the possibility and potential for acupuncture efficacy; it is our duty to embrace this current knowledge to enhance the effects of acupuncture treatments that will better serve our patient population, as well as the profession as a whole. Orthopedic Electroacupuncture represents the marriage between anatomically significant points and electroacupuncture, and is an integral part of an evolutionary advancement in acupuncture techniques. With over 75,000 patient visits and 28 years working in a pain specialty hospital setting, and private practice, Rick Bernard has been perfecting the use of electroacupuncture for painful conditions. Two seminal discoveries are discussed which may shape the way acupuncture treatments are utilized for future generations. Rick concisely illustrates the framework on how to use electroacupuncture for eight commonly seen conditions. When combined with orthopedic principles, the ability to attain quick, and often dramatic results validates the need to integrate acupuncture in any pain management program. It may set a new standard for the reach and scope of what acupuncture can accomplish, and in doing so, increase its acceptance as an equal partner with the medical mainstream.

Acupuncture for Pain Management—Yuan-Chi Lin 2013-09-15 Acupuncture for Pain Management is intended as the premier resource for learning the fundamentals of the art of medical acupuncture. Edited by top pain medicine specialists at Harvard and UCLA, and based on their popular annual workshop at the American Society for Anesthesiologists, the book is the perfect synthesis of Western and Chinese medicine. Anesthesiologists, pain medicine specialists, primary care physicians, osteopaths, neurologists, psychiatrists, physical medicine and rehabilitation specialists, and other health professionals looking to add acupuncture to their repertoire will benefit from the concise and practical approach of the book. Features: Each individual meridian discussed in detail Acupuncture for 25 clinical conditions, including headache, menstrual pain, low back pain, insomnia, and more Aimed at acupuncturists as well as practitioners who want to add acupuncture to their clinical armamentarium

Basics of Acupuncture—Gabriel Stux 2012-12-06 Basics of Acupuncture, concise yet easy to read, is a unique introductory book, now in its 3rd edition. For the first time, Western science and medicine are combined with traditional Chinese concepts. This book includes an introduction to the philosophy and theory of traditional Chinese medicine, followed by a detailed account of diagnosis and description of the Chinese system of channels, functional organs, and the most important acupuncture points. In the medical chapter a more direct approach regarding the use of life force on the chakras levels has been adopted, and the description of the various disorders and their treatment expanded. This book was written by physicians for physicians and medical students and is characterized by a high degree of practical relevance: a must for everyone practising acupuncture!

Between Heaven and Earth—Harriet Beinfeld 2013-12-18 “Comprehensive, encyclopedic, and lucid, this book is a must for all practitioners of the healing arts who want to broaden their understanding. Readers interested in the role of herbs and foods in healing will also find much to learn here, as I have. . . . A fine work.”—Annemarie Colbin, author of Food and Healing The promise and mystery of Chinese medicine has intrigued and fascinated Westerners ever since the “Bamboo Curtain” was lifted in the early 1970s. Now, in Between Heaven and Earth, two of the foremost American educators and healers in the Chinese medical profession demystify this centuries-old approach to health. Harriet Beinfeld and Eric Kornpold, pioneers in the practice of acupuncture and herbal medicine in the United States for over eighteen years, explain the philosophy behind Chinese medicine, how it works and what it can do. Combining Eastern traditions with Western sensibilities in a unique blend that is relevant today, Between Heaven and Earth addresses three vital areas of Chinese medicine—theory, therapy, and types—to present a comprehensive, yet understandable guide to this ancient system. Whether you are a patient with an aggravating complaint or a curious intellectual seeker, Between Heaven and Earth opens the door to a vast storehouse of knowledge that bridges the gap between mind and body, theory and practice, professional and self-care, East and West. “Groundbreaking . . . Here at last is a complete and readable guide to Chinese medicine.”—San Francisco Chronicle

The Web That Has No Weaver—Ted J. Kaptchuk 2000-05-02 The Web That Has No Weaver is the classic, comprehensive guide to the theory and practice of Chinese alternative medicine. This accessible and invaluable resource has earned its place as the foremost authority in synthesizing Western and Eastern healing practices. This revised edition is the product of years of further reflection on ancient Chinese sources and active involvement in cutting-edge scientific research.

Acupuncture Research—Hugh MacPherson 2007 This is the first book to set out a full range of research strategies for evaluating the clinical practice of acupuncture. Leading acupuncturists and researchers with international reputations share their expertise. They illustrate their descriptions with practical examples of what has worked and what has not. It outlines many of the key challenges in the field. These challenges relate to the nature of acupuncture and the gap between current research evidence and the actual experiences of acupuncturists in the field. By focusing the chapters on key research questions, rather than methods, the book outlines a user-friendly feel. Each chapter is easily accessible by using brief definitions of research methodology and results as well as vignettes of relevant past research. The book is based on a deep understanding of acupuncture, with its inherent complexity in practice, whether based on traditional principles or more modern concepts. By incorporating a more sophisticated understanding of the field, this book details a range of strategies aiming to develop the evidence base with the utmost rigour. It is the first book on acupuncture research to take this unique view, integrating the very best of evidence-based medicine with a genuine sensitivity to the discipline of acupuncture, from its traditional and holistic roots to its more modern interpretations.

Cured—Jeffrey Rediger, M.D. 2020-02-04 When it comes to disease, who beats the odds — and why? When it comes to spontaneous healing, skepticism abounds. Doctors are taught that “miraculous” recoveries are flukes, and as a result they don’t study those cases or take them into account when treating patients. Enter Dr. Jeff Rediger, who has spent over 15 years studying spontaneous healing, pioneering the use of scientific tools to investigate recoveries from incurable illnesses. Dr. Rediger’s research has taken him from America’s top hospitals to healing centers around the world — and along the way he’s uncovered insights into why some people beat the odds. In Cured, Dr. Rediger digs down to the root causes of illness, showing how to create an environment that sets the stage for healing. He reveals the patterns behind healing and lays out the physical and mental principles associated with recovery: first, we need to physically heal our diet and our immune systems. Next, we need to mentally heal our stress response and our identities. Through rigorous research, Dr. Rediger shows that much of our physical reality is created in our minds. Our perception changes our experience, even to the point of changing our physical bodies — and thus the healing of our identity may be our greatest tool to recovery. Ultimately, miracles only contradict what we know of nature at this point in time. Cured leads the way in explaining the science behind these miracles, and provides a first-of-its-kind guidebook to both healing and preventing disease.

Classical Chinese Medicine—Libong Liu 2019 This book uses simple language to explain the essence of Shanghanlun (Treatise on Cold Damage), a monumental ancient medical classic, paired with cases the author encountered during years of practicing Chinese medicine, allowing readers to understand the melding of theory and practice and philosophical views of nature and life. The author’s concise writing style leads readers to the core of Chinese medicine.
Eventually, you will agreed discover a further experience and success by spending more cash, yet when? do you resign yourself to that you require to acquire those all needs with having significantly cash? Why dont you attempt to get something basic in the beginning? Thats something that will guide you to understand even more nearly the globe, experience, some places, subsequent to history, amusement, and a lot more?

It is your utterly own become old to take action reviewing habit. in the middle of guides you could enjoy now is medical acupuncture a western scientific approach below.

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