Integrating Play Therapy And EMDR With Children

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repair resources available to clinicians. This section can be used by therapists who are not trained in EMDR. Part II teaches therapists how to use EMDR specifically with an attachment-repair orientation, including client preparation, target development, modifications of the standard EMDR protocol, desensitization, and using interweaves. Case material is used throughout Part II to illustrate the process of translating the previous chapters into actual use of EMDR in clinical practice. These case examples allow for discussion of the complex issues involved in working with children who have co-occurring diagnoses.

Play Therapy for Young Children

Dr. Susan Coates, Clinical Professor of Psychology in Psychiatry, College of Physicians and Surgeons, Columbia University, says, "This is the first book to provide a wide range of leading-edge, step-by-step treatment strategies for clinicians using EMDR therapy and adjunct approaches with children with severe dysregulation of the affective system. Written by an author internationally known for her innovative work with children, the book offers developmentally appropriate and advanced tools for using EMDR therapy in treating children with complex trauma, attachment wounds, dissociative tendencies, and compromised social engagement. The book also presents the theoretical framework for case conceptualization in EMDR therapy and in the use of the Adaptive Information Processing model with children. Principles and concepts derived from the Noyes Theory, affective neuroscience, attachment theory, interpersonal neurobiology, development neuroscience and the neurobiological model of therapeutics, which can greatly support and expand our understanding of the AIP model and complex trauma, are presented. The text offers an original and pioneering EMDR therapy-based model for working with parents and collateral caregivers. The model is directed at assisting parents in developing the ability for metacognition, insights, and effective capacities linked to a child's development of attachment security. A unique and innovative feature of this book is the material interwoven with other therapeutic approaches, such as Play therapy, Sandtray therapy, Sensorimotor psychotherapy, Theraplay, and Internal Family Systems (IFS), into a comprehensive EMDR treatment maintaining appropriate adherence to the AIP model and EMDR therapy methodology. Key features: Provides creative, step-by-step, how-to information about the use of EMDR therapy with children with complex trauma from an intergenerationally, developmentally, and culturally informed perspective. Explores the critical role of the therapeutic relationship in the treatment process of children with complex trauma. Provides a comprehensive approach to working with parents and collateral caregivers. Offers a comprehensive guide to understanding and implementing EMDR therapy with children, including caregivers, therapist intervention, and practice recommendations. This book is essential for students and professionals who work with very young children."

Prescriptive Play Therapy

Dr. Jessica Stone, 2021-09-06 Play Therapy and Telemental Health gives clinicians the tools they need to bring their therapy sessions online. Chapters present the fundamentals of play therapy and telemental health and introduce play therapists to a variety of special populations and interventions specific to telemental health. Expert contributors discuss using a wide variety of telehealth interventions— including virtual sandtray therapy, nature play, and EMDR—with children affected by autism, trauma, and more. Readers will learn how the fundamentals of play therapy can be expanded to provide effective treatment in web-based sessions. This is a vital guide for any clinician working in play therapy in the 21st century.